



Halele'a  Spa
MENU OF SERVICES

Ola halele'a i ka wai

Water gives life within

In ancient times, the land where Princeville Resort resides was known as Halele'a, "the joyful house". This magnificent place was noted in Hawaiian chant and hula for its ethereal beauty and rejuvenating qualities. The Halele'a Spa at Princeville Resort is the namesake of this revered moku that encompassed the land from mountains to sea. The island of Kaua'i was known for abundant water sources, both "wai" (fresh) and "kai" (sea), that were used to promote health and well-being. Traditional Hawaiian medicine also included the use of water related resources that were found in the moku of Halele'a.

Following these ancient traditions, the Halele'a Spa creates a memorable spa experience with the highest level of personalization in mind. Carefully crafted treatments combine Hawaiian healing rituals with western techniques. Fresh island botanicals and resources from the sea blend seamlessly to promote a rejuvenating experience.

The Treatment Promise

The Halele'a Spa incorporates the Hawaiian healing properties of the indigenous plants and the essence of our island home. The potent minerals and trace elements from the ocean aid in rejuvenation as guests are "renewed" through exotic spa treatments. The Halele'a Spa staff will embrace and nurture every guest of the joyful house.

Huaka'i (Journey)

The Halele'a Spa honors the magical waterfalls of Hanalei through its many water inspired features. Allow ample time for a pre-treatment sensory journey starting with quiet time in our steam room infused with aromatic tropical essence. Become invigorated in our signature cascading waterfall showers with an overhead deluge and several body sprays. Emerge refreshed and renewed, and rest in the tranquil relaxation lounge, featuring wall to wall waterfalls and guardianship from the statue of the Hawaiian goddess, Hina lau limu kala, skilled in the medicines of the sea.

MASSAGE

Gentle Touch Massage | 50/80 Minutes

This gentle massage will relax your body and spirit with soothing massage techniques and the deeply relaxing scent of lavender. Our locally-farmed, organic body butter, made with organic ingredients of pure plant and lavender oils, flower and root extracts, is a luxurious skin moisturizer and conditioner.

Essence of Aloha Massage | 50/80 Minutes

This organic dilo oil massage with stress relieving marine elements will combat the effects of jet lag and recondition the skin. For generations, Polynesian islanders have used this healing oil combined with Virgin coconut oil as a daily massage therapy for treating damaged skin due to age and environmental exposure. This treatment is known to help repair connective tissue damage and restore skin elasticity and tonicity. The 80-minute experience includes a luxurious hair conditioning treatment that will leave your hair silky soft.

Hawaiian Lomi Lomi Massage | 50/80 Minutes

This unique healing massage is derived from the ancient Polynesians and more specifically the master healers of Hawai'i. Known as the "Loving Hands" massage, our talented therapists work gently yet firmly into the muscle with continuous flowing strokes, nurturing the body and enabling relaxation.

Halele'a Signature Massage | 50/80 Minutes

This customized treatment with your choice of three exotic aroma scents are designed to promote relaxation, improve circulation and relieve tension to create an overall sense of well-being. Specific individual needs will be addressed by incorporating a variety of techniques.

Hapai (Expectant Mother) Massage | 50 Minutes

Wild crafted organic oils infused with nettles, alfalfa, raspberry leaf, dandelion and rosehips nourish Mother and Baby in this profoundly relaxing treatment. (Expectant mothers must be beyond their first trimester.)

Pohaku Massage (Hot Stones) | 80 Minutes

Smooth basalt stones soothe aches and pains, while promoting circulation and deep relaxation. The warmth and weight of the stones, combined with an organic body butter application, induce muscle tissue relaxation without overheating.

Deep Muscle Massage | 50/80 Minutes

This therapeutic technique aids in the release of tension in the deeper layers of muscle tissue. Range of motion improves along with relief from muscle pain.

Wawae Relaxing Foot Massage | 25 Minutes

Wawae is Hawaiian for foot. This treatment relieves tired soles and soothes tension after a long day exploring the island of Kauai. Ancient reflexology is combined with Hawaiian traditional massage to create a unique and sole soothing experience.

Couples Massage | 50/80 Minutes

Enjoy a massage together in our beautiful Nanu or Maile signature couples suite. Treatment selection includes Gentle Touch, Lomi Lomi, and Deep Muscle massages. (Couples Massage is available with hot stones, please inquire with spa reception for pricing variation.)

FACIALS

Ke Kai Ola (Sea of Life) Facial | 50/80 Minutes

This luxurious facial oxygenates skin, brightens skin tone, improves cellular function, refines pores, and heals sun damage. Infuse your skin with a unique selection of repairing actives formulated with antioxidants, organic marine and botanical extracts, Vitamin C, and hyaluronic acid. Your esthetician will customize the facial for your skin type to ensure maximum results, a perfect choice for all skin types.

Kai Kane (Men's) Hot Towel Facial | 50 Minutes

Men's skin is decidedly different from women's. Put your best face forward and experience how indigenous wisdom and advanced green science combine to combat male aging. Protect your most valuable asset and luxuriate in our signature treatment which includes hot towels, hand, arm, neck and shoulder massage.

Kai Kane (Men's) Ultimate Facial | 80 Minutes

Men hold stress and tension differently than women. This exclusive men's treatment is designed to de-stress, detox and revitalize. Experience a custom curated excursion featuring products with active ingredients that precisely target male skin conditions. This luxurious treatment includes a deep cleansing, purifying exfoliation and age-intercepting treatments for your face, leaving you relaxed and rejuvenated.

Ho'onani Oxygen Infusion Facial | 50 Minutes

Cooling, calming oxygen under light pressure is applied directly to the skin's surface increasing the absorption of a powerful skin quenching serum. Your skin will emerge deeply hydrated, youthful and glowing with a noticeable reduction in fine lines and wrinkles. This facial is perfect for all skin types.

Olu'olu Ageless Oxygen Facial | 80 Minutes

This anti-aging facial improves the skin's elasticity and softens common expression lines by deeply infusing a cocktail of oxygenated vitamins and antioxidants resulting in instant hydration. The treatment also targets the delicate neck and décolleté and concludes with a red light photo therapy and microcurrent lifting treatment that is combined to rejuvenate skin, counteract the signs of aging, and leave you visibly lifted.

Facial Enhancements

Collagen Booster (available only with Oxygen Facials)

Lip and Eye Renewal

Gigartina Scalp Treatment

Microcurrent Upgrade

(Enhancements do not add additional time to the facial.)

Waxing

Lip	Half Arm/Full Arm
Chin Wax	Bikini
Eye Brow	Half Leg/Full Leg
Underarm	Back

(Time and cost of waxing may vary based on coarseness and/or thickness of hair.)

BODY

Rainforest Shower and Organic Body Butter Polish | 50 Minutes

Performed in our Vichy Shower, the combination of Kauai Sugar Scrub followed with an application of Hawaiian island sourced organic body butter, cleans and revitalizes your Aloha Spirit, leaving your skin smooth and soft

Wai'ale'ale Body Masque | 80 Minutes

Wild-crafted Kaua'i clay is infused with ginger, tumeric, organic aloe, noni, kava and blue green algae and is luxuriously applied as a full body masque. This treatment concludes with a 50-minute, full-body massage, utilizing the scent of the indigenous maile vine to hydrate and relax.

Kaua'i Coffee Scrub and Cardamom Massage | 80 Minutes

Stimulate and recharge the body with this purifying treatment. Exfoliate and tone with a deeply invigorating blend of coffee, black olive, crushed almond, sugar and fresh lemon juices. Heal, detoxify and release tension from the whole body with a warming massage using an intoxicating blend of cardamom, patchouli, vetiver and black pepper. Take rest and illuminate.

Kaiapuni Body Wrap | 80 Minutes

A gentle whole body skin brushing and application of organic sea algae oil helps reduce water retention, open pores and soften sun-damaged skin. A cocoon of soothing white algae body mask is applied, made of the purest calcium-rich algae. This treatment is concluded with a full body application of undaria algae oil which is rich in sea minerals and antioxidants for ultimate skin repair and hydration.

RITUALS

Hanalei Bay Ritual | 80 Minutes

Experience the magic of Hanalei with this bespoke experience, featuring all locally sourced ingredients. A vanilla salt polish, containing coconut oil, coconut flakes, vanilla bean and Kauai clay, will exfoliate and hydrate, leaving your skin soft and glowing. Following a refreshing rinse in our rainforest shower, your experience will be completed with a 50-minute massage, using our custom-blended, ginger massage oil, leaving you relaxed and rejuvenated. (This service is available as an individual or couples massage.)

Napali Ritual of Energy and Balance | 110 Minutes

An evocative ritual blending layers of exceptional ingredients and pure scents deeply into the skin. A vigorous exfoliation with warming gingergrass and bamboo releases vital energy throughout the body. Tapotement with organic rice bran and cherry blossoms release muscle tension while a balancing facial massage with rose, aloe and avocado evens skin tone and promotes the production of collagen. Soak in a bath of mint and chlorophyll to improve the immune system while purifying with yuzu mimosa sea algae. The bath will prepare the whole body to be stretched and hydrated in an inspired massage with wild lime silk oil and sealed with an application of plum blossom and silk cream. This journey of the senses is completed with an anti-oxidant rich rose camellia mist. (This service is available as an individual or couples massage.)

Makana Renewal Ritual | 170 Minutes

De-stress while a purifying organic bio-scrub blend of seaweed, pumice, acai and guarana polishes skin and purifies pores, while providing a protective barrier of moisture on your skin. Following the scrub, a warming cocoon of algae will detoxify and hydrate your skin while you relax and luxuriate in a warm algae gel scalp massage to treat and hydrate dry hair. Following a warm shower, a luxurious massage of kukui and algae oil will seal in the benefits of this treatment. Complete your experience with a 25-minute Ocean Express Facial which will leave your skin refreshed and glowing. (This service is available as an individual or couples massage.)

PACKAGES

Kai Kane (Men's) Indulgence | 1.5 hours

Deep Tissue Massage

Ocean Express

Ocean Oasis | 2 hours

Ke Kai Ola Facial

Halele'a Signature Massage

Island Bliss | 4 Hours

Hawaiian Lomi Lomi Massage

Ho'onani Oxygen Infusion Facial

Starfruit and Coconut Manicure

Starfruit and Coconut Pedicure

(Above times indicate booking time and not actual service time.)

HALELE'A SALON

Makeup

Makeup Consultation

Makeup Application

Makeup Enhancements

Eyelash Application

(eyelashes are purchased separately)

NAILS

Halele'a Express Manicure | 25 minutes

A lovely experience is offered in this restorative manicure for your hands. This rejuvenating treatment will quench dry, dehydrated skin and reveal more youthful hands. Basic grooming and polish will complete your experience.

Kai Kane (Men's) Manicure | 25 minutes

This classic men's manicure revitalizes tired hands with invigorating mint and cool lime. Nail grooming, a brisk exfoliating rub, hot towel hydration, and relaxing hand and arm massage round out this uniquely male experience. (This service does not include polish application.)

Island Indulgence Manicure | 50 minutes

Pamper your hands with this most luxurious of treatments for men and women alike. A choice of exotic aromas will be combined with a warm coconut milk soak and sugar exfoliation. An AHA perfecting mask will be painted on, lifting away dry and damaged skin. This blissful escape will be completed with a paraffin treatment and lower arm and hand massage. Complete your service with the polish of choice.

(Above times indicate booking time and not actual service time.)

Halele'a Express Pedicure | 25 minutes

A lovely restorative experience is offered for your feet. This rejuvenating pedicure will quench dry, dehydrated skin and reveal beach ready toes.

Basic grooming and polish will complete your experience.

Kai Kane (Men's) Pedicure | 25 minutes

This classic men's pedicure revitalizes tired feet with invigorating mint and cool lime. Nail grooming, a brisk exfoliating rub, hot towel hydration, and relaxing foot and leg massage round out this uniquely male experience. Give yourself the gift of time and treat your often-neglected "soles" to some well-deserved attention. (This service does not include polish application.)

Island Indulgence Pedicure | 50 minutes

Pamper your feet with this most luxurious of treatments for men and women alike. A choice of exotic aromas will be combined with a warm coconut milk soak and sugar exfoliation. An AHA perfecting mask will be painted on, lifting away dry and damaged skin. This blissful escape will be completed with a paraffin treatment and relaxing foot and leg massage. Complete your service with the polish of choice and a glass of sparkling wine.

Keiki (Children's) Manicure or Pedicure

For those under 10 years of age, enjoy a basic grooming and polish service to sparkle up your day.

Enjoy Your Halele'a Spa Experience

How do I select the right treatment?

Our professional spa staff will assist you in determining which spa treatments best meet your needs and ensure a relaxing and enjoyable experience.

When should I arrive for my treatment?

We recommend you arrive 20 to 30 minutes prior to your first appointment. This will allow you time to change into your spa robe and sandals, become familiar with the facility and amenities, and enjoy your Huaka'i (Journey).

What should I wear to the Spa?

You may wear whatever is comfortable. A robe and sandals will be provided for your treatment.

What should I wear for my treatment?

Most spa treatments are enjoyed without clothing; however you may wear whatever is comfortable for you. Our professional staff is trained to drape towels or sheets discreetly to protect your privacy at all times.

What about jewelry?

We advise you to remove all your jewelry prior to arriving at the Spa.

Should I shave before a treatment?

Shaving is not recommended prior to any body treatments or waxing services.

What if I am late for my appointments?

Arriving late will limit the time allotted for your treatment. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will apply.

Should I leave a gratuity?

Gratuities are at your discretion based on your level of satisfaction.

Quiet Consideration

Our spa environment is one of tranquility and relaxation; please respect the privacy and quiet consideration of other guests. We request that all cell phones be turned off in the Spa.

Quiet Consideration

We ask that you notify your reservationist of any of the following health considerations when reserving appointments due to contra-indications: pregnancy (must be beyond the 1st trimester), pacemakers, medications, cancer (chemo or radiation), depressed immune system, diabetes, peripheral vascular disorder, high blood pressure, burns, psoriasis, dermatitis, eczema, acne, shingles, herpes, any acute skin condition or any metal plating in the body.

Hours of Operation

Spa Boutique: 7am - 7pm daily

Spa Treatments: 9am - 7pm

(Hours may vary. Please call the Spa reception desk for verification.)

Fitness Centers: Open 24 hours daily, located at the Halele'a Spa and the 8th floor.

(Fitness Centers available only to registered guests of Princeville Resort.)

General Information

Age Policy

Halele'a Spa Guests must be 18 years of age to enjoy a massage or to use the sauna and steam rooms. Guests ages 16-17 may enjoy facials or waxing services. For spa guests under 16 years of age, please inquire about available appropriate Halele'a Salon Services.

Spa Reservations

We recommend scheduling spa appointments prior to arrival to better accommodate preferred times. A hotel reservation number or a credit card number is required at the time of bookings.

Allergies

It may be necessary to substitute products in some cases do to guest or therapists allergies. Please advise when booking if allergies exist.

Cancellation Policy

Spa treatments are reserved specially for you. Please notify us four hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 100% of the service. No shows will be charged 100% of the service fee.

Gift Certificates

Halele'a Spa Gift Certificates are available for purchase.



PRINCEVILLE
RESORT

K A U A I

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